THE ROLE | Fitness Instructor & Personal Trainer

As a ***Gym & Juice instructor*** you share our values and passion for unrivaled and memorable customer experiences.

You will be a **brand ambassador for *Gym & Juice*** and will contribute and continue the successful commercial growth of the business whilst ensuring the highest possible standards of customer service and programme delivery.

Responsible for creating exceptional workouts/private sessions in the framework of Gym & Juice

RESPONSIBILITIES

- Responsible for the exceptional delivery of the specified modality of our programmes
- Create exceptional workouts/private sessions in the framework of Gym & Juice.
- Adhere to the start and end times, intensity and description of each class/session or format based on the class schedule and varying levels of participants in each class/session.
- Build rapport with clients, know their individual needs and goals and greet clients by their name.
- Teach said classes and/or private sessions on a regular schedule that is introduced monthly and limit subbing. When seeking a substitute, always ensure all subs have been contacted by you directly before reaching out to Management for their assistance in finding a substitute.
- Arrive 10 minutes prior to class/session and leave 10 minutes following class/session. During this time, you will educate prospective and Introductory Package Clients on the studio's formats and offerings; assist in the booking of additional class times and packages for current clients and engage all clients with our studio's systems.
- Ensure the studio and equipment is left in a clean and tidy condition.
- Build attendance and retention of clients through personal social media engagement and announcements and direct client interaction.
- Work directly with Management by communicating feedback, maintenance issues, substitution changes and requests, and scheduling.
- Attend mandatory meetings with Management

PRE-REQUISITES AND ATTRIBUTES

- *Fitness Instructors & Personal Trainers* must hold a current certification in any discipline taught.
- Hold 1+ years experience in coaching
- Hold and maintain current CPR/AED certifications and personal liability insurance

- Be competent in modifications and contraindications for major injuries of circumstances. Have a strong knowledge of anatomy and movement kinesiology.
- Be engaging, outgoing and eager to get to know your students.
- Be ready to engage in ongoing professional continuing education and development